

**VECC Health Education
Grade 8
Curriculum Guide 2007**

Suggested Time Line How much time will be spent on this learning	Essential Questions and Content What will be taught?	NJCCC Standards What state standards will be met by these objectives?	Instructional Objectives What will the students know or be able to do as a result of this instruction?	Assessment What evidence will I collect that demonstrate that the students have achieved the objective?	Instructional Domain How will the learning be structured?	Instructional Activities What will the students do to achieve the objective?
January & February "The Reproductive system"	What changes are occurring to the human body during puberty? What causes these changes? What are the factors that lead boys and girls into such a strong desire to become sexually active at this time in their lives? Is abstinence the only 100% sure way to avoid the problems associated with sexual activity? What is a healthy and "meaningful" relationship between a boyfriend and girlfriend?	2.1 A: 1-4 B: 1-3 D: 1-5 F: 1-7 2.4 A: 1-8 B: 1-8 C: 1-8	Lesson 1: Growing up physically <ul style="list-style-type: none"> Describe the physical changes which happen to the body during puberty and why they happen. Recognize the amazing ability of the human body to reproduce. Compile a list of the routine physical care your body will need as it goes through puberty. Analyze why adolescents are so embarrassed to discuss physical changes during puberty. Lesson 2: From conception to birth <ul style="list-style-type: none"> Identify the stages of growth from conception to birth. Make a promise to yourself that you will consider all of the adverse effects sexual activity outside of marriage would have on your life. Practice healthy routines that will carry throughout your life. Predict what might happen to a fetus if the mother did not care for herself during pregnancy. Lesson 3: Emotional maturity <ul style="list-style-type: none"> To define emotional maturity. Set goals to be responsible to self, family, community. Practice using refusal skills when faced with risks that could change your life forever. Use the decision making steps to make choices regarding age appropriate behavior. Lesson 4: Relationships <ul style="list-style-type: none"> Describe a meaningful friendship. Show how important mutual respect is to you in a relationship. Practice refusal, assertion and communication skills for sexual harassment. Analyze what it shows about someone's character if he/she is easily persuaded to do something that makes him/her uncomfortable. 	Students will be assessed through: <ul style="list-style-type: none"> Personal participation in classroom and small group discussions Personal content & organization of Health notebook Written assignments, projects, and reports <ul style="list-style-type: none"> - Individual - Group Unit Tests and Quizzes 	Learning will take place through: <ul style="list-style-type: none"> Teacher led instruction Classroom discussions Group activities Graphic organizers Role Playing 	Student achievement will take place through: <ul style="list-style-type: none"> Outlining of teacher led instruction and taking written notes Participation in classroom discussions Brainstorming activities Charting personal graphic organizers in: <ul style="list-style-type: none"> Decision making Comparing and Contrasting Predicting Consequences Practicing refusal and assertiveness skills during role playing activities

