VECC Health Education
Grade 7
Curriculum Guide 2007

Suggested Time Line How much time will be spent on this learning	**Essential Questions and Content** What will be taught?	**NJCCC Standards** What state standards will be met by these objectives?	**Instructional Objectives** What will the students know or be able to do as a result of this instruction?	**Assessment** What evidence will I collect that demonstrate that the students have achieved the objective?	**Instructional Domain** How will the learning be structured?	**Instructional Activities** What will the students do to achieve the objective?
October & November Allergies & Asthma	What happens to the body when allergy symptoms flare up? Why is it important to understand the causes of allergic reactions? How would it be foolish for someone who suffers from allergies to take drugs? How can knowing basic first aid be helpful in treating an individual who is suffering from an allergic reaction?	**2.1** A: 1-5 B: 1-3 C: 1-4 D: 1,3 E: 1-4 F: 1-6	Lesson 1: Allergies & Asthma • Define the words allergy and asthma and discover how they affect the body. • Simulate allergic conditions to increase empathy for others who have allergies and asthma. • Practice ways of preventing allergic reactions. • Compare and contrast different allergic reactions and use decision steps to avoid them. Lesson 2: Feeling Good about You • Demonstrate an understanding of your own special needs and medical problems. • Assume personal responsibility for your own well being. • Practice copying skills. • Use the decision steps to help you set attainable goals. Lesson 3: Risks to your health & safety • Discover why smoking poses a high risk to people with medical problems, including allergies and asthma. • Rank health values and priorities. • Practice refusal skills tailored to your particular situation. • Predict what might happen when a person with a particular medical problem uses drugs. Lesson 4: First Aid for allergies and asthma • Explain first aid procedures for allergies, asthma and other medical problems. • Demonstrate responsible behavior in helping people with medical problems. • Develop and practice first aid skills • Evaluate emergency situation, using critical thinking skills to make appropriate first aid decisions.	Students will be assessed through: • Personal participation in classroom and small group discussions • Personal content & organization of Health notebook • Written assignments, projects, and reports - Individual - Group • Unit Tests and Quizzes	Learning will take place through: • Teacher led instruction • Classroom discussions • Group activities • Graphic organizers • Role Playing	Student achievement will take place through: • Outlining of teacher led instruction and taking written notes • Participation in classroom discussions • Brainstorming activities • Charting personal graphic organizers in: o Decision making o Comparing and Contrasting o Predicting Consequences • Practicing refusal and assertiveness skills during role playing activities