

**VECC Health Education  
Grade 5  
Curriculum Guide 2007**

<b>Suggested Time Line</b> How much time will be spent on this learning	<b>Essential Questions and Content</b> What will be taught?	<b>NJCC Standards</b> What state standards will be met by these objectives?	<b>Instructional Objectives</b> What will the students know or be able to do as a result of this instruction?	<b>Assessment</b> What evidence will I collect that demonstrate that the students have achieved the objective?	<b>Instructional Domain</b> How will the learning be structured?	<b>Instructional Activities</b> What will the students do to achieve the objective?
January & February  <hr/> "Love Your Lungs"	What organs make up the respiratory system?  Can I achieve a level of good health without taking care of my lungs?  Can I catch respiratory diseases, or do I have to be born with them?  What are the true effects of smoking on the lungs?  Can a diseased lung become healthy?	<b>2.1</b>  A: 1-5 B: 1-3 D: 1-4  <b>2.3</b>  B: 1-4 C: 1-4	Lesson 1: The respiratory system <ul style="list-style-type: none"> <li>Identify the major organs of the respiratory system and describe what they do.</li> <li>Develop respect for having a healthy respiratory system.</li> <li>Practice proper breathing techniques for maximum health benefits.</li> <li>Predict the effects of poisonous gases on the respiratory system.</li> </ul> Lesson 2: Diseases of the respiratory system <ul style="list-style-type: none"> <li>Discuss major respiratory diseases (including asthma) and explain their impact on the community.</li> <li>Develop responsibility for doing your part to prevent the spread of communicable respiratory diseases.</li> <li>Identify symptoms of lung disease and methods to prevent the spread of disease.</li> <li>Compare and contrast healthy and diseased lungs.</li> </ul> Lesson 3: Smoking and your lungs <ul style="list-style-type: none"> <li>Discover through simulation the effects of smoking on the lungs.</li> <li>Describe the value of being "a smoke free me."</li> <li>Practice saying NO to risk taking behaviors and practice resisting pressure from advertising.</li> </ul> Lesson 4: Pollution in the community <ul style="list-style-type: none"> <li>Explain community risk factors for lung disease.</li> <li>Support a community effort which advocates healthy lungs.</li> <li>Identify community agencies which are connected with community and respiratory health.</li> </ul>	Students will be assessed through: <ul style="list-style-type: none"> <li>Personal participation in classroom and small group discussions</li> <li>Personal content &amp; organization of Health notebook</li> <li>Written assignments, projects, and reports                             <ul style="list-style-type: none"> <li>- Individual</li> <li>- Group</li> </ul> </li> <li>Unit Tests and Quizzes</li> </ul>	Learning will take place through: <ul style="list-style-type: none"> <li>Teacher led instruction</li> <li>Classroom discussions</li> <li>Group activities</li> <li>Graphic organizers</li> <li>Observation and manipulation using body system models</li> <li>Role Playing dramas</li> <li>Smoking machine demo</li> </ul>	Student achievement will take place through: <ul style="list-style-type: none"> <li>Outlining of teacher led instruction and taking written notes</li> <li>Participation in classroom discussions</li> <li>Brainstorming activities</li> <li>Charting personal graphic organizers in:                             <ul style="list-style-type: none"> <li>o Decision making</li> <li>o Comparing and Contrasting</li> <li>o Predicting Consequences</li> </ul> </li> <li>Creating posters</li> <li>Researching, reading, analyzing and writing about smoking.</li> </ul>

